Abin Mathew CURRICULUM VITAE

**JOJI MATHEW**Ezhupurayil House,
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#### CAREER OBJECTIVE:

Seeking a position as Staff Nurse that will develop my innate potential for excellence and that would further enhance my acquired knowledge, experience and visionary leadership skills for professional growth in the field of Nursing.

#### EDUCATION QUALIFICATION:

* **General Nursing & Midwifery** (GNM) from Karnataka Nursing Board, Bangalore(2008-2011) with **65%** aggregate.
* **Intermediate**: Board of Intermediate Education 55**%** aggregate.
* **SSLC** from Kerala Public Education Board with **45%** aggregate.

 **SOFTWARE PROFICIENCY:**

* Operating Systems :MS DOS,Windows98,NT,2000,XP
* Software :Office 2003 (Word ,Excel & Power point) , Internet & Email.

#### ACHIEVEMENTS:

* **Stood First** in Inter College Group Discussions.

Topic: **The affect of cinema on the present generation**

* Participated in college and school level Cricket Matches
* Participated in college and school level debate and essay competition and received applauds

**TOTAL EXPERIENCE:**

HISTORY:

Designation : **Staff Nurse**Hospital : **Saraswathy Hospital, Parassala**

 **Thiruvananthapuram, Kerla**
Period : **September 5, 2011** to **still continue**.
 Department : **Emergency and Casualty Department**

**Job Responsibilities**

* Understand the nursing process through assessment, implementation, and evaluation of the patient.
* Completes and documents a thorough patient assessment through examination, observation and interview with the patient, family, significant others and other members of the health care team.
* Identifies patient problems and establishes appropriate priorities utilizing all available data and clinical findings.
* Continually assesses the actual patient care given by the nursing staff. Revises and updates the nursing care plan according to changes in patient’s needs and responses to nursing care.
* Attends to mandatory education programs, e.g. BCLS, Safety Measures, Infection Control, Nebulization, Drug Calculation and IV Therapy. Attends all unit meetings.
* Plans and participates in education of patient and family to ongoing healthcare needs of the patient.
* Implements nursing actions by either direct care delegation or responsibility based on the nursing care plan and skill levels of assigned personnel.
* Understands and implements hospital/patient safety measure. Understands and functions as required in emergency situation.
* Receives and gives pertinent, through shift report on the condition of assigned patients. Endorses patient to receiving units to assure continuity of care.
* Make rounds on all assigned patients at appropriate intervals, and make the patient aware of her professional responsibility to them.
* Consistently approaches patient and family with a professional caring attitude. Explains patient care and procedure to patient and family.
* Assesses the progress of team members in relation to the patient care assignment and take appropriate measures to assure completion. Conducts and participate in team conferences.
* Conducts and participates in team conferences. Participates in ongoing evaluation of unit personnel.

**EQUIPMENTS HANDLED:**

* **Audiogram**
* **Defibrillator/AED**
* **Nebulizer**
* **Vac-Thermometer**
* **Glucometer**
* **ECG-Machine**
* **Syringe Pump**
* **Pulse Oximeter**
* **BP Apparatus**
* **Suction Machine**
* **Thermal Blanket**
* **Portable Suction Machine**

**ATTRIBUTES:**

* Dedicated Registered Nurse. Providing patient-centered care in a General Hospital. Reliable. Ability to stay calm and works well under fast-paced emergency situation. Has the ability to build positive relationship with patients, family members, Nursing Staff, Physicians and other medical personnel.
* Skilled in Basic Cardiac Life Support
* Skillful in Administering Intra-Venous Infusion/Medication per Doctor’s supervision
* Skilled in use of:
* Automated External Defibrillator [AED]
* 12K Lead Electro-Cardiogram Machine
* Venipuncture
* NGT Care
* Tracheostomy Care
* Care of wound
* Blood Glucose Monitoring
* Nasotracheal Suctioning
* Feeding thru Naso-Gastic Tube
* Catheterization of the urinary bladder
* Systematic, flexible, teachable, organized, creative and detail-oriented.
* Willing to work long hours and under pressure.

**PERSONAL SKILLS:**

Comprehensive problem solving abilities, excellent verbal and written communication skills, ability to deal with people diplomatically, willingness to learn team facilitator hard worker.

**EXTRA CURRICULAR:**

* Badminton Champion in Inter school competitions. (1998)
* Captain of school cricket team.
* Event organizer in all school and college annual day functions and other technical events.

**PERSONAL PROFILE:**

## Name : Joji Mathew

## Father’s Name : A.P Thancachan (Mathew)

## Mother’s Name : Lilly Mathew

## Nationality : Indian

## Date of Birth : 07 may 1984

Contact **: +91-** 4683-201962, **+91**- 9895622366

Hobbies : Making New Friends, Travelling, Collecting coins

Languages Known : English, Hindi & Malayalam

**PASSPORT DETAILS**

PASSPORT NO.  **: G**938757
 DATE OF EXPIRY **:** 23/07/2018
 PLACE OF ISSUE **:** TRIVANDRUM

*I hereby certify that the above information is true and correct to the best of my knowledge and belief.*

**Place**: Pathamthitta.

**Date**: 17-01-2013 **Joji Mathew**