

Resume
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Objective

To have a challenging career as a staff nurse and to continue my career advancement using new technique, modalities equipments in providing health care services

Licenses

Pakistan nursing council	A30168	(valid)
DOHMS	2009-3730-92020	(valid)
DHCC	RN 028608	(valid)

Experience

Total experience 10 years

6 years in home country Pakistan

4 years in Dubai UAE

The City Hospital	Aug 2008 to April 2010
Cedars Jabel Ali international hospital	Sep 06 to Aug 2008
Itefaq hospital trust hospital model town Lahore	Jan 05 to Feb 06
Doctor hospital +medical centre Johar town Lahore	July 00 to Sep 04

The City Hospital Dubai UAE

Working as a registered nurse. (10/08/2008 to April 2010)

The city hospital is a private general hospital with 210 beds.

ICU consists of 12 beds, cared of all medical patients like Pulmonary Oedema ARDS, DKA, Pneumonia, and ARF. CRF, Septic Shock, MI, Angina, ACS, CHF etc.

Surgical cases need ICU like CABG, Valve Replacement, some abdominal surgeries

And other surgeries with post op complication

Angioplasty and Angiography, Pacemaker Insertion patients.

Patient nurse ratio is 1: 1 and 1:2

Duties and responsibilities

- Provide comprehensive care to critically ill patient eg.myocardial infarction pulmonary oedema ischemic heart disease acute and chronic renal failure and septicaemia.
- Provide comprehensive nursing care to patients on mechanical ventilator.
- Demonstrate competency in cardio pulmonary resuscitation
- Interpret and analyzes ECG and ABGs result
- Provide care to patient on haemodialysis
- Provide care to patient with PCA Epidural catheter
- Maintain documentation and endorsement of patients admitted to ICU up-to-date relevant documents and medical record as per hospital policy
- Prepare and assist in chest tube insertion
- Prepare and assist in cardio version
- Prepare and assist in intra aortic balloon pump insertion
- Caring of patient with post CPR and post angioplasty
- Care of patient with respiratory disease like pneumonia COPD thorocotomy

Itefaq Hospital Trust

Itefaq hospital is a multidiscipline hospital which consist of 425 beds and 2 intensive care units and 1 CCU

Cardiac intensive care unit consist of 8 beds

Duties and responsibilities

Worked in cardiac surgical intensive care unit as registered nurse

- Maintain highest possible standard of Patient care
- Provides comprehensive nursing care to adult Post cardiac surgery e.g. ASD, CABG, VSD, Valve Replacement, atria myoxima
- Provide comprehensive nursing care to patients on mechanical ventilator, intra aortic balloon pump (counter pulsation), temporary and permanent peace maker, implantable automatic cardiac defibrillator
- Demonstrate competency in cardiopulmonary Resuscitation.
- Interpretation and analyzing ECG and ABGs Result
- Perform professional nursing duties relating to the treatment and accompanies and attending doctor on intensive care rounds and implement treatment as required
- Monitor and evaluate nursing care plans.
- Check control drugs at each shift in accordance With the hospital policies.
- Maintain patient record and respect a patient's Privacy and confidentiality.
- Responsible for maintaining departmental inventories and stock as per hospital policies
- Knowledgeable in assisting doctors in performing diagnostic procedures.
- Knowledgeable in assisting team doctor's in
 - Insertion of central line
 - Insertion of chest tube
 - Insertion of arterial line
- Insertion of intra aortic balloon pump
- Participate in staff training and orientation programs.
- Order's check, administer and maintain safe Custody of narcotics drugs and medication.
- Participate in the development of clinical area nursing and education objectives policies and standards.
- Participate in the evaluation of clinical nurse education.
- Participate in selected course and workshops.
- Responsible for monitoring and updating of comprehensive skills and check list in relevant areas.
- Develop and maintain utilizes and submit records and reports.
- Documentation and endorsement of patient's Admitted in ICU.
- Report verbally and in writing the progress of the patient's condition at each shift change over.

Additional responsibilities

Worked as infection control link nurse

Cedars jabel ali international hospital

Cedars jabel ali hospital in based on emergency and out patient department and a small setup of in patient department

Duties and responsibilities

- Attending ,assessing and monitoring patient in ER
- Obtaining the information from patient and set a nursing goal plan for patient
- Evaluate and modify the plan of care base on observable response of the patient and the attainment of patient goal
- Assure effective and timely communication and ensure the effective therapeutic communication
- Interpret the data from cardiac monitor
- Provide emergency care and life support measure
- Provide care based on knowledge and skill ,respecting the life ,human worthiness,
- Individuality and equality irrespective of ethnic color and race.
- Maintain patient record and respect a patient's Privacy and confidentiality
- Perform professional nursing duties relating to the treatment
- Order's check, administer and maintain safe Custody of narcotics drugs and medication.
- Use aseptic technique in invasive procedure
- Apply infection control measure.
- Maintain records and reports

Doctor's hospital and medical centre

Dr hospital and medical centre in a private multi specialty hospital with 150 bed and With two intensive care units

Cardiac intensive care consist of 13 bed

Cardiac intensive care deal only with post operative cardiac surgery patients

Duties and responsibilities

As mentioned in duties and responsibilities in Itefaq hospital

Qualification

Diploma in cardiothoracic intensive care	Sep 2000 to Sep 2001
Diploma in general nursing	march 1997 to march 2000

Short courses

ACLS

BLS

ECG interpretation

Respiratory care of ventilated patient

Diploma in basis of computer

Languages known

English Urdu Hindi Pashto

Clinical skills

- Basic Life Support (Adult)
- Advance cardiac Life Support (Adult)
- Setting I/V Cannulation
- Naso Gastric Tube Insertion
- Urinary Catheterization
- Arterial and Venous Lines, Sampling

- Pulse Oxymetry
- ABGs Assessment
- BSL monitoring
- Intra Aortic Balloon Pump
- Ventilators
- Cardiac Monitors
- Syringe Pumps
- Oxygen Inhalation
- Drug Calculation
- Care of Arterial and CVP Line
- Aseptic dressing
- Tracheostomy care
- Swan Ganz
- Blood Transfusion
- ETT Suction.
- Pace Maker
- Bear Huger
- Defibrillator
- Portable ECG Machine
- Pressure Transducer
- Inotropic Drugs Protocol

Personal

Date of birth 25/12/1979
Nationality Pakistan
Religion Christianity
Marital status single

Aqeel James Kashif