CURRICULUM VITAE



Mrs. Anupriya Jose

BSc Nurse

DOHMS licensed

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**CAREER OBJECTIVE**

Resourceful health professional with an experience of TWO years as a staff nurse in Medical ICU & Emergency Department, seeking Job in an institution where I can utilize my work experience to pursue a challenging career.

**EXPERIENCE SUMMARY**

**1.** Staff Nurse in St.Judes Hospital, Kottayam, Kerala, India, From 18-07-09 -31-05-10.

**2.** Staff Nurse in Caritas Hospital, Kottayam , Kerala, India, a reputed multispecialty hospital from 26-05-2008 to 17-07-2009.

**PROFESSIONAL EXPERIENCE**

**DUTIES AND JOB RESPONSIBILITES HANDLED:**

* 1. Take charge of the clinical area for a whole or part of shifts in the absence of a more senior nurse on the shift.
  2. Maintain safety and well being of patients in accordance with safe practice and ensure that all accidents / incidents are reported and documented.
  3. Assist with all preparations and implementations of duty rosters.
  4. Suggest and assist head nurse in establishing a good working atmosphere and in making the most effective and efficient use of staff, supplies and services.
  5. Assess, plan, implement and evaluate nursing care of patients with medical problems.
  6. Helping physicians in formulating the clinical diagnosis
  7. Take responsibilities for the direct delivery of patient care by promoting good standards of professional competence.
  8. Establishes effective communication with all other members of the health care team and relatives.
  9. Participates in the care, custody and administration of medication in accordance with the hospital policy.
  10. Participation in monitoring and facilitating new staff to achieve competence.
  11. Ensure that all documentations completed are both accurate and legible.
  12. Homodynamic monitoring.
  13. Records and reports the patient's condition and progress accurately.
  14. Psychological support to the relatives.
  15. Giving medicines and injections to the patient time to time.
  16. Collection and sending of specimens.
  17. Responsible to collect the investigation results and inform the doctor.
  18. Health education to the patients and relatives.
  19. Maintaining records and reports.

**EQUIPMENTS HANDLED:**

1. Sphygmomanometer.
2. Clinical Thermometer.
3. Stethoscope.
4. Pulse Oxymeter.
5. One touch Glucometer.
6. Infusion Pumps.
7. Suction Apparatus (Wall & Portable).
8. Oxygen Apparatus (Wall & Portable).
9. Nebulizer (Portable).
10. Weighing Scales.
11. Fluid Infusion Sets.
12. Blood Transfusion sets.
13. ECG Machine.
14. Syringe Pumps.
15. Mechanical Ventilator
16. Cardiac Monitor
17. Defibrillator

**SPECIALIZED PROCEDURES:**

1. IV Cannulation, NG Tube Insertion & Feeding, Monitoring vital signs, Injections & IV Infusions, Oral and endotracheal Suctioning, Nebulization, Blood Investigation, CVP monitoring, Dressing. Urinary catheterization, colostomy care, tracheostomy care, jejunostomy feeding, care of drain, airway administration,

Cardio pulmonary resuscitation, ABG .

**CLINICAL EXPOSURE DURING THE COURSE**

**Caritas Hospital ;**Advanced medical and surgical nursing,

Maternal and child health nursing,Eye and E.N.T nursing

**Caritas cancer institute :** Oncology nursing

**Cardinal speciality centre ,Monipally, Kottayam :** Psychiatric nursing.

**ACADEMIC RESEARCH:**

A Study on Postoperative patient’s satisfaction towards nursing care in a selected postoperative area of Caritas hospital,Thellakom,Kottayam,Kerala,india.

**EDUCATIONAL QUALIFICATION**

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **No** | **Qualification** | **Name of the Institution** | **Year of**  **Passing** | **Percentage** |
| 1 | BSc Nursing | Cartas college of nursing, Thellakom, Kottayam, Kerala, India | 2008 | 63.7% |
| 2 | Higher Secondary | Our Lady of Lourde’s HSS,  Uzhavoor, Kottayam, Kerala,  India | 2003 | 64% |
| 3 | S.S.L.C | St.George’s HS, Parathode, Idukki, Kerala, India | 2001 | 65% |

**PROFESSIONAL LICENSES**

1. The Kerala Nurses and Midwives Council (KNC) - Reg No: 42832 , 43681

**IT SKILLS**

Exposure to MS DOS, Word, Excel, PowerPoint and Internet

**SOFT SKILLS**

Can be assured from me with respect to Commitment & loyalty, Proactive, Flexibility, and highly motivating.

**PERSONAL PROFILE**

# Age & Date of Birth : 24 years. 23- 08-1985

Name of Spouse : Suraj Mathew

Nationality : Indian.

UAE Visa status : Residence visa valid for 3 years

Languages known : English, Malayalam, Hindi

Marital status : Married

**FUTURE ACADEMIC/ PROFESSIONAL GOAL**

MSc in Medical & surgical Nursing. Or Masters degree in Hospital administration

**PASSPORT DETAILS**

Passport No : H 5195873

Place of issue : Cochin

Date of issue : 19-10-2009

Date of expiry : 18-10-2019

**REFERENCES**

**Will be provided upon request**

**DECLARATION**

I hereby declare that all the above information are true and correct to the best of my knowledge and belief.

#### Place : Dubai

Date :        